



Seminář pro trenéry badmintonu s trenérkou Ericou Khoo z Malajsie

Lektorská rada Českého badmintonového svazu pořádá seminář pro trenéry badmintonu

Seminář je určen zájemcům z řad trenérů na všech úrovních, pro držitele trenérských licencí III. a II. třídy, kteří potřebují svou licenci prodloužit, se uznává jako doškolení.

TERMÍN: 28. 8. 2016

MÍSTO: „stará“ sportovní hala TJ Astra Zahradní Město, z.s.

V Korytech 157/27, Praha 10

ŠKOLITELÉ: Erica Khoo Pei Shan – Malajsie, viz. CV níže

PŘEKLAD: Mgr. Markéta Osičková

PŘEDBĚŽNÝ ČASOVÝ HARMONOGRAM:

12.45 – 13.00 registrace účastníků

13.00 – 16.00

- systém tréninkové práce a organizace badmintonu v Malajsii

- trénink párových disciplín

PŘIHLÁŠKY: nejpozději do pátku 26. 8. 2016

online www.czechbadminton/skoleni/trener

POPLATEK: 300,- Kč (hotově na místě)

ODHLÁŠKY a další informace:

Mgr. Markéta Osičková

Email: mar.osickova@gmail.com

Tel: 723 138 382

Erica Khoo CV

Erica Khoo Pei Shan,
4, Jalan 28/38A, Taman Sri Sinar, Segambut, 51200 Kuala Lumpur, Malaysia,
Tel: +6017-6915755, Email: ericakhoops@gmail.com

PROFILE

A professional women double player with Air Asia team in Malaysia as well as a certified coach in both Level 1 Badminton Coaching and Sport Science. Played for national team from 2011 – 2015. Currently pursuing a degree in Sport Science in University of Malaya while coaching for various clubs on part-time basis. Experienced in coaching with former national badminton players and current national coaches. Fluent in English and Mandarin.

COACHING EXPERIENCES

-February 2016 – Present: Air Asia Badminton Academy (Kuala Lumpur, Malaysia) as a part-time coach.

Coaching groups of 5 to 15 beginner and intermediate players on weekends focusing in various techniques (warm up, gripping, strokes & proper footworks).

-February 2016- Present: Synergy Badminton Academy (Kuala Lumpur, Malaysia) as a part-time coach.

Coaching and guiding intermediate level boys double players who are competing in school and state level. Design suitable programs based on individual strength and weakness, technique and game strategies.

-2015 – Present: As a part-time coach, coaching individual and group (maximum 5 players) lessons which consist of beginners and intermediate level players (school and state level).

-17 August 2015: Assist in conducting Air Asia Badminton Academy coaching clinic in Singapore with a group of coaches.

The coaching clinic consist of 20 primary and secondary school students who are interested in badminton. The objective of the coaching clinic is to introduce the youngster in several of techniques mainly warming up, gripping, strokes technique, and proper footwork and cooling down.

- 2013 – 2014: Pro One Academy (Kuala Lumpur, Malaysia) as a part-time coach.

Assisting in organising training programs for 90 players (beginner to intermediate level). Training programs focused on several of techniques such as from gripping to stroke technique, proper footwork, execution of proper skills, game play and game strategies. Training programs were altered to suit individual's level of play and progression of players are recorded. Also act as a personal assistant in managing registration of players and collection.

SPORT ACHIEVEMENTS YEAR	NAME OF TOURNAMENT/EVENT	RESULT/AWARD
2016	SUKIPT (MALAYSIA UNIVERSITY GAMES)	WOMEN DOUBLE: GOLD
2015	SYDNEY INTERNATIONAL CHALLENGE (AUSTRALIA)	WOMEN DOUBLE: SEMIFINALIST
2015	VICTOR MARIBRYNONG	WOMEN DOUBLE:

2015	INTERNATIONAL (AUSTRALIA) SUMMER UNIVERSIADE GAMES (GWANGJU, KOREA)	SEMIFINALIST TEAM: BRONZE
2015	UNIVERSITY MALAYA SPORT AWARD (MALAYSIA)	SPECIAL ATHLETE AWARD
2014	THE 17 TH ASEAN UNIVERSITY GAMES (INDONESIA)	TEAM: BRONZE
2014	IRAN FAJR INTERNATIONAL CHALLENGE (IRAN)	WOMEN DOUBLE: SEMIFINALIST
2013	3 RD ISLAMIC SOLIDARITY GAMES (INDONESIA)	TEAM: GOLD
2012	YONEX BWF WORLD JUNIOR CHAMPIONSHIP (JAPAN)	TEAM: 6TH PLACE
2012	MALAYSIA INTERNATIONAL YOUTH U-19 (MALAYSIA)	MIXED DOUBLE: SEMIFINALIST
2011	3 RD ASEAN SCHOOL GAMES (SINGAPORE)	TEAM: SILVER
2011	THE SMILING FISH THAILAND U-18 AGE GROUP (THAILAND)	WOMEN DOUBLE: BRONZE
2009	BADMINTON ASIA YOUTH U- 16 (SRI LANKA)	TEAM: SILVER